

## August

### Senior Dance

Every Monday  
1:00pm - 3:00pm  
FREE

### Free Blood Pressure Reading

Every Tuesday  
9:30am - 11:00am  
Partner: Memorial Home Health Care

### Special Cards, Table Tennis

Every Wednesday  
1:00pm - 3:30pm

### Table Tennis Club

Every Thursday  
1:00pm - 3:30pm

### Bridge Class

Every Friday  
12:30pm - 4:00pm

The center is open daily for seniors wanting to use exercise equipment, three pool tables, FREE table games such as Rook, Skip-Bo, Checker, Chess, and Cribbage.

## Hours of Operation

Mondays - Fridays  
9:00am - 5:00pm

Facility Manager  
Wendell Sharpe

DIAL



*For your city government needs*

May - August 2004



PARKS  
RECREATION  
ARTS  
CULTURE

## Eastgate Senior Center



Eastgate Town Center  
5600 Brainerd Road, Ste. E-6  
Chattanooga, TN 37411  
(423) 855-9443

[www.chattanooga.gov/cpr](http://www.chattanooga.gov/cpr)

## Programs

### May

#### **Senior Dance**

Every Monday  
1:00pm - 3:00pm  
FREE

#### **Free Blood Pressure Reading**

Every Tuesday  
9:30am - 11:00am  
Partner: Memorial Home Health Care  
FREE

#### **Special Cards, Table Tennis**

Every Wednesday  
1:00pm - 3:30pm

#### **Table Tennis Club**

Every Thursday  
1:00pm - 3:30pm

#### **Bridge Class**

Every Friday  
12:30pm - 4:00pm

### June

#### **Boat Ride**



Aboard Chattanooga Star!

Wednesday, June 23rd

Wednesday, July 21st

11:00am - Noon; \$6

Bring Lunch!

#### **Senior Dance**

Every Monday  
1:00pm - 3:00pm  
FREE

#### **Free Blood Pressure Reading**

Every Tuesday  
9:30am - 11:00am  
Partner: Memorial Home Health Care

#### **Special Cards, Table Tennis**

Every Wednesday  
1:00pm - 3:30pm

#### **Table Tennis Club**

Every Thursday  
1:00pm - 3:30pm

#### **Bridge Class**

Every Friday  
12:30pm - 4:00pm

### July

#### **Senior Dance**

Every Monday  
1:00pm - 3:00pm  
FREE

#### **Free Blood Pressure Reading**

Every Tuesday  
9:30am - 11:00am  
Partner: Memorial Home Health Care

#### **Special Cards, Table Tennis**

Every Wednesday  
1:00pm - 3:30pm

#### **Table Tennis Club**

Every Thursday  
1:00pm - 3:30pm

#### **Bridge Class**

Every Friday  
12:30pm - 4:00pm



**Be sure to watch bulletin board for Field Trips and Tours starting in June! FREE. First come, first serve.**